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Procedures for leukocytes isolation from lymphoid tissues and consequences on immune endpoints used to evaluate fish immune status: A case study on roach (*Rutilus rutilus*)

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Hakim Chouki Samai, Damien Rioult, Anne Bado-Nilles, Laurence Delahaut, Justine Jubreaux, et al.. Procedures for leukocytes isolation from lymphoid tissues and consequences on immune endpoints used to evaluate fish immune status: A case study on roach (*Rutilus rutilus*). *Fish and Shellfish Immunology*, 2018, 74, pp.643-657. 10.1016/j.fsi.2017.12.040 . ineris-01863329

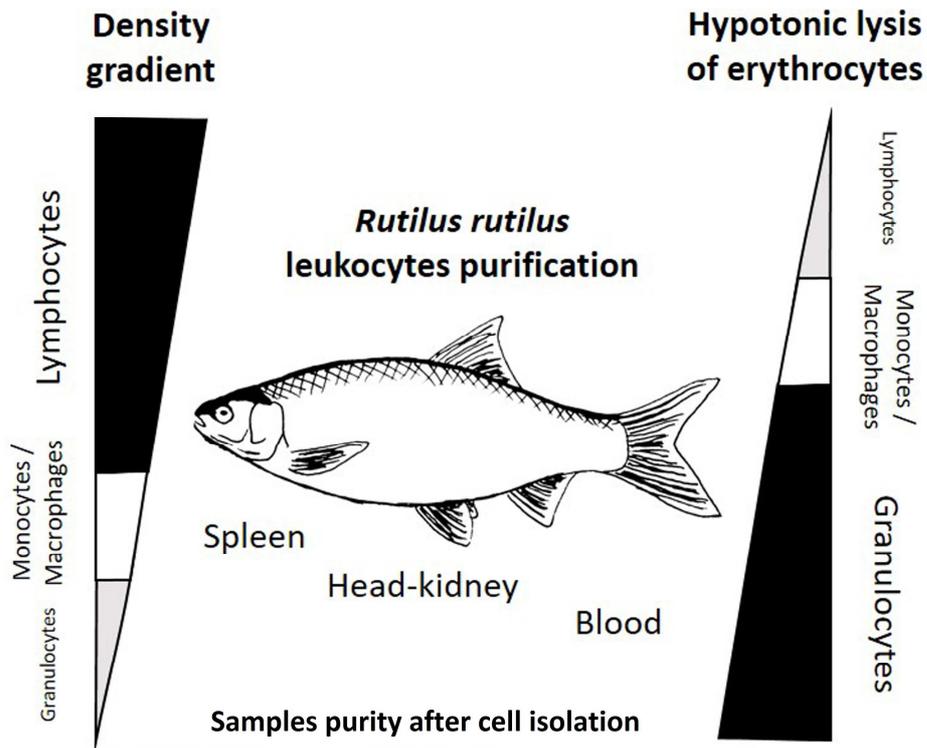
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Submitted on 28 Aug 2018

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Variability in leukocytes subtypes distributions before and after cell incubation

3
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19 **Keywords:** fish, leukocytes, cell isolation, density gradient, erythrocytes lysis, immunity.

20 **Abbreviations:** DCFH-DA: 2',7'-dichlorofluorescein diacetate; DG: density gradient; FCS:
21 foetal calf serum; HL: hypotonic lysis, P/S: Penicillin/Streptomycin; PBS: Phosphate Buffer
22 Saline ; PI: propidium iodide; ROS: reactive oxygen species; SI: stimulation index.

25 The effects of two protocols (density gradient *versus* hypotonic lysis) used for leukocyte
26 isolation from three major lymphoid tissue of fish (head-kidney, spleen and blood) were
27 examined on some cell functional activities (tissue leucocytes distributions, phagocytosis,
28 basal and burst oxidative activities) classically used to estimate the fish immune status.
29 Experiments were conducted on roach (*Rutilus rutilus*), a cyprinid fish model often studied in
30 different eco-physiological contexts (aquaculture, ecotoxicology...). All of immune endpoints
31 were assessed either immediately after cell isolation or after a 12h of incubation in order to
32 observe if a post-isolation incubation may influence the leukocytes activities.

33 Compared to the density gradient, hypotonic lysis is associated with granulocytes enrichments
34 of cell suspensions. This is particularly true for leukocyte suspensions isolated from head
35 kidney where granulocytes are naturally abundant. However, important variabilities in
36 leucocyte distributions were observed in head kidney and spleen cells samples obtained by the
37 use of hypotonic lysis for two incubation conditions used (no incubation or 12 h of incubation
38 at 4 ° C). The density gradient protocol leads to a transitory increase in basal ROS production
39 in spleen lymphocytes and macrophages. The blood leukocytes isolated by this same method
40 exhibit high basal oxidative activities after 12 h of incubation at 4 ° C and for the three
41 leukocyte types (lymphocytes, monocytes and granulocytes). The hypotonic lysis is
42 associated with an increase in PMA-induced ROS production especially in head kidney
43 leukocytes. The increases in cell oxidative activities are consistent with increases in
44 granulocyte proportions observed in leukocyte suspensions obtained by hypotonic lysis.
45 Finally, the two protocols have no effect on leucocyte mortality and phagocytic activity.

46 Within limits of our experimental conditions, the spleen is the organ whose leucocyte
47 oxidative activities (stimulated or not) are only slightly influenced by the methods used for
48 leukocyte isolation. This is also the case for the anterior kidney, but for this tissue, it is
49 necessary to incubate the isolated cells for 12 h at 4 ° C before functional analyses.

50 Each of the two methodologies used has advantages and disadvantages. The hypotonic lysis
51 allows to isolate a greater variety of leukocytes types whereas the density gradient used
52 ensures a better stability of cells distributions over time. However, for the same fish species
53 and for the same tissue, the method used to isolate leukocytes influences results and must be
54 taken into consideration during acquired data analysis for evaluation of fish immune status.

55 **1. Introduction**

56 Immunity has an integrative and central role in physiological regulations of organisms. Even
57 if the term of immunocompetence was not well defined yet, it represents an average value of
58 the immunity of an organism exposed to multiple parasites and stressors [1]. It is important
59 but not easy to evaluate immunocompetence of organisms in their own environment. As all
60 the vertebrates, the fish immune system is a complex, multifaceted and coordinated system
61 working to destroy pathogens and also to maintain organism integrity. Thus, it must be
62 emphasized that a measure of a single immune endpoints is not sufficient to capture the
63 complexity of an immune response and to estimate the immune status of an organism.

64 As observed in all vertebrates, fish immune response implicate various cell types. These
65 cellular defence systems corresponds to phagocytic cells similar to macrophages, neutrophils
66 and natural killer (NK) cells, as well as T and B lymphocytes [2–4]. The main leucocyte
67 responses often studied in fish immune ecophysiology are represented by intracellular reactive
68 oxygens species production associated with pathogens phagocytosis [5–8] In fish immune
69 ecophysiology, other cellular parameters as for instance apoptosis or lysosomal activity may
70 complete these two main functions by the use of flow cytometry techniques [9–13]. Flow
71 cytometry provides multi-parametric data that can be used in simultaneously analysis of
72 numerous cell properties. By this technique, it is also possible to differentiate lymphocytes,
73 monocytes/macrophages and granulocytes and to link responses of observed cellular activities
74 with the different types of cells present in the tissue sample. Such analysis can be perform on
75 many different lymphoid tissues (spleen, head-kidney, blood). All of these multi-parametric

76 and multi-tissues data help to improve the estimation of the immune status of fish in relation
77 to the state of their living environment.

78 To perform such observations on immune cells, all tissue samples must be in a single cell
79 suspension. Indeed, before cytometric measurements of functional cellular activities, the
80 major initial methodological step is to collect the leukocytes from the different lymphoid
81 tissues. The erythrocyte presence in biological samples may create another difficulty
82 especially in case of species as teleost fish which possess nucleated red blood cells. Samples
83 contaminations by erythrocytes may compromise cytometric analysis.

84 The dual necessity to obtain single cell suspensions of leukocytes with no erythrocytes
85 contaminations constitutes the actual main methodological constraint to evaluate fish immune
86 responses.

87 Among the different techniques, hypertonic lysis and density gradient are the two main way
88 used in literature to separate leukocytes from erythrocytes. Many isolation methods of
89 vertebrates leucocytes exists and were extensively studied as hypertonic shock using
90 ammonium chloride [14], positive selection [15], self-generating gradient [16,17],
91 cryopreservation [18], adherence and agglutination [19] and density gradient. The use of
92 Ficoll® or Percoll® to constitute density gradients is one of the most common isolation
93 procedure for vertebrate leucocytes [20]. However, Ficoll® gradients may bring out some
94 alterations in cell responses and cell surface markers in addition to cell morphological
95 changes [21].

96 Purification of mammalian leukocytes by erythrocyte lysis with hypertonic ammonium
97 chloride was usually used and is efficient in case of lysis of mammalian non-nucleated
98 erythrocytes. However, removing erythrocytes from fish leukocyte suspensions by the use of
99 ammonium chloride was not successful as the presence of nuclei in teleost erythrocytes may
100 preclude lysis [22]. In 2001, another technique corresponding to an hypotonic lysis of teleost
101 erythrocytes in peripheral blood and pronephrotic leukocytes samples was proposed by

102 Crippen *et al.* (2001) and was successful used in different studies where fish leukocytes
103 immune responses need to be evaluated [24–27].

104 But whatever the methodology used in fish immunological investigations (density gradient,
105 hypotonic lysis), it is important to estimate its influence on acquired data in terms of
106 leukocytes activities and distributions.

107 Hence, we compared here the effects of two protocols (density gradient *versus* hypotonic
108 lysis) for leukocyte isolation from three major lymphoid tissue of fish (head-kidney, spleen
109 and blood) on some cell functional activities (tissue leucocytes distributions, phagocytosis,
110 basal and burst oxidative activities) classically used to estimate the fish immune status.
111 Experiments were conducted on roach (*Rutilus rutilus*), a cyprinid fish model often studied in
112 different eco-physiological contexts (aquaculture, ecotoxicology...). All of these immune
113 endpoints were assessed either immediately after cell isolation or after a 12h of incubation in
114 order to observe if a post-isolation incubation may influence the leukocytes activities [28].

115 **2. Materials and methods:**

116 *2.1. Chemicals and reagents:*

117 Culture media Leibovitz L15, penicillin and streptomycin (P/S), heparin, propidium iodide
118 (PI), 2',7'-dichlorofluorescein Diacetate (DCFH-DA) and phorbol 12-myristate 13-acetate
119 (PMA) were purchased from Sigma-Aldrich. Ficoll® (Ficoll®-Paque PLUS) was obtained
120 from GE Healthcare, fetal calf serum (FCS) from Biochrom AG and fluorescent latex beads
121 from Biovalley. Phosphate Buffer Saline (PBS 10X) was prepared as described by Dulbecco
122 and Vogt (1954).

123 *2.2. Fish:*

124 Adult roach (*Rutilus rutilus*: 12±0.5 cm length and 12.8±1.25 g weight; Age: 2+) were
125 purchased from a local fish producer (Saint-Mard-sur-le-Mont, France) and acclimated in
126 laboratory in 400 L tanks with continuously filtered water for a period of 3 weeks before

127 experiments. Fish were fed every 2 days with frozen red mosquito larvae with regular
128 physical-chemical conditions record and maintain (pH: 7.19 ± 0.26 ; Conductivity: 237 ± 28
129 μS ; Oxygen saturation: 9.67 ± 0.46 mg/L; Temperature: 10.4 ± 0.45 °C and photoperiod of 12
130 hours dark/light). Experiments were conducted in April corresponding to reproduction period
131 in the roach life cycle [30]. Protocols of fish and experimentation were reviewed and
132 approved in accordance with the standards recommended by the Guide for the Care and Use
133 of Laboratory Animals and Directive 63/2010/EU.

134 2.3. *Lymphoid tissues collection:*

135 Peripheral blood from ten fish was sampled from caudal vein with 1mL syringe containing 50
136 μL of heparin (500 UI/mL). Each sample was then diluted in L15 medium containing 500
137 UI/mL and 500 $\mu\text{g/mL}$ of P/S respectively. Fish were then immediately sacrificed by spinal
138 dislocation. Head-kidney and spleen were aseptically removed, passed through a 100 μm
139 sterile nylon mesh and homogenised in 2 mL of L15 P/S containing heparin (10 UI/mL).

140 All samples were then separated into two equal parts. Leukocytes contained in the samples
141 were then purified by two different methods as described as follow.

142 2.4. *Methods used for leukocytes isolation:*

143 2.4.1. *Density gradient:*

144 For each sample (head kidney, spleen or blood), 1mL of cell suspension was diluted in 8mL
145 L15 P/S containing heparin (10 UI/mL) and layered onto 3 mL of Ficoll® (density : 1.077
146 g/mL) and centrifuged at 400 g for 30 minutes at 4°C. Leukocytes were collected at the
147 culture medium-Ficoll® interface and washed once in L15 P/S (centrifugation 400 g for 10
148 minutes at 4°C). Supernatant was discarded and cells were resuspended in 1 mL of L15 P/S.

149 2.4.2. *Hypotonic lysis of erythrocytes:*

150 The protocol used was modified from Crippen *et al.* (2001). Nine mL of cold sterile distilled
151 water was added to 1 mL of cell suspension. Tubes were mixed softly for 40 seconds in order

152 to lyse the most of erythrocytes contained in samples. This time was valid for the three tissues
153 (blood, spleen and head kidney). One mL of PBS 10X was immediately added to adjust the
154 sample osmolality. Suspensions were then centrifuged at 400 g for 10 minutes at 4°C.

155 For head-kidney samples, ~~viscous pellet was removed,~~ supernatant was discarded and cell
156 ~~pellet was resuspended in~~ 1mL L15 penicillin/streptomycin with 5% of heat inactivated fetal
157 calf serum was added. The viscous pellet with cells was gently pumped many times with a 5
158 mL pipet to release the most of cells. Then the viscous mass was discarded. For peripheral
159 blood and spleen samples, viscous mass with cells was collected from the top of erythrocytes
160 debris ~~leucocytes pellets~~ and transferred into a new tube containing 1 mL L15
161 penicillin/streptomycin with 5% of heat inactivated fetal calf serum. Afterwards, cells were
162 separated from the viscous pellet as done for head-kidney samples. ~~Collected leukocytes were~~
163 ~~diluted in 1mL L15 P/S containing 5% of heat inactivated fetal calf serum.~~

164 All the samples were analysed immediately after the leukocyte isolation procedure and also
165 after a 12 h of incubation at 4 ° C. After ~~12h~~ of incubation, cells were washed once by
166 centrifugation (400 g, 10 minutes at 4°C) and suspended in 1 mL of L15 P/S.

167 2.5. Leukocytes parameters

168 2.5.1. Leukocytes distributions and concentrations:

169 ~~2.5.1 Leukocytes distribution:~~

170 ~~Following isolation, all samples were diluted to 1:10 in phosphate buffer saline for cytogram~~
171 ~~examination and comparison.~~

172 Representative cytograms obtained on leukocytes suspension isolated from head-kidney are
173 represented in figure 1. Gate P1 was related to leukocytes (Figure 1 A and D). Gate P2 was
174 done to exclude doublets by the use of FSC-H/FSC-A cytogram (Figures 1 B and E). Gate P3
175 was drawn to eliminate impurities as cell debris (Figures 1 C and F).

176 A total of 10000 events were recorded in P1 (Leukocytes) after exclusion of doublets. Data
177 were analyzed with the Accuri™ C6 software. For leukocytes distributions, cell subtypes

178 were separated according to their forward and side scatter parameters (FSC-A versus SSC-A
179 dotplots) (Figure 2.). For abbreviations of cell names, Ly corresponded to lymphocytes while
180 this gated subpopulation contained also thrombocytes [10,31,32].

181 After doublets exclusion (Figure 1; P2 gate), total events recorded in leukocytes gate (P1)
182 from 100 μ L of diluted tissue samples in PBS allowed to establish leukocyte concentration in
183 cell per mL.

184 2.5.2. Samples purity:

185 The amount of sample purity was obtained by subtracting the percentage of events of the
186 impurities gate (P3) from the whole analysed volume of sample (100%) when events in
187 leukocytes gate reached 10000 with doublets exclusion.

188 2.6. Cellular functional tests:

189 For each sample, 2×10^5 cell/mL were deposited in 96-U bottom wells microplates for
190 functional cellular parameters analysis by flow cytometry. All cytometric measurements were
191 carried out with an Accuri™ C6 flow cytometer (Becton Dickinson). ~~For each leukocyte~~
192 ~~sample, 10,000 events were recorded and leucocytes were distinguished according to their~~
193 ~~morphological parameters, forward scatter (FSC A) for particle size and side scatter (SSC A)~~
194 ~~for internal complexity.~~

195 2.6.1 Leukocytes mortality:

196 Cell mortality was evaluated using propidium iodide (PI) probe at 1μ g/mL. Analysis was
197 carried by flow cytometry using 488nm excitation laser and measuring fluorescence in
198 associated channel through 585/15nm filter. Dead cells with injured membrane were positive
199 to the red fluorescence-emitting probe bound to DNA. Results were expressed as mortality
200 percentages corresponding to PI-positive cells (Fig.3. A and B).

201

202

204 Leukocytes were incubated with yellow-green fluorescent latex beads (Fluoresbrite®,
205 Polyscience; 2 μm diameter) for 18h at 16°C with a 1/100 leukocyte-beads ratio prior
206 cytometric analysis measuring fluorescence in FL-1 channel (533/30) (Fig 4).

207 While adherence of foreign particles is the first step of the phagocytosis mechanism, the
208 phagocytic activity measured corresponds to percentages of cells ingesting and/or adhering
209 three beads and more. The mean number of ingested beads per phagocytic cells was
210 calculated by dividing the mean fluorescence of events corresponding to three beads and more
211 by the mean fluorescence of events corresponding to only one bead (Fig 4) [33].

212 2.6.3. *Oxidative activity assay:*

213 The leukocyte oxidative activity was quantified using flow cytometry to measure intracellular
214 hydrogen peroxide production following activation or not with phorbol 12-myristate 13-
215 acetate (PMA). The fluorescence levels of DCFH was measured in unstimulated and PMA-
216 stimulated cells. ~~were determined after 30 min of~~

217 Cells were incubated with 2'-7'-dichlorofluorescein diacetate (DCFH-DA, 500nM, in obscurity
218 at room temperature) for 15 minutes. Phorbol Myristate acetate (PMA, 2 $\mu\text{g}\cdot\text{mL}^{-1}$) was then
219 added or not (control) to cell suspensions and cells were incubated for 30 minutes in obscurity
220 and at room temperature. Basal intracellular ROS production corresponds to the mean
221 fluorescence of DCFH (in FL1) measured ~~without any stimulation~~ in control whereas
222 activated intracellular ROS production was the mean fluorescence of DCFH (in FL1)
223 measured in cell after 30 minutes of incubation with PMA. For activated ROS production, ~~the~~
224 results were expressed in stimulation index as the ratio between the mean fluorescence
225 measured in stimulated cells (DCFH-DA + PMA) and the basal mean fluorescence of control
226 (DCFH-DA only) (Fig 5).

229 Since data sets did not have a normal distribution and/or homogeneity of variance, all
230 biological data were represented in boxplots with 25th and 75th percentiles over and below
231 the median line within the box (N=10 different observations). Non-parametric Mann-Whitney
232 U test was used to compare data obtained from each cell treatment ($p < 0.05$ is considered
233 statistically significant).

234 As all data were obtained on the same cell populations, correlations between leukocytes
235 distributions and cell immune responses were calculated with the non-parametric Spearman
236 correlations test. Values of correlation coefficients (ρ values) were significant at $p < 0.05$. After
237 Fisher's data transformation, differences between ρ values obtained from different cell
238 treatment (two different incubation times or two protocols for leukocyte isolation) were
239 evaluated with Z-test of significance ($p < 0.05$).

240 All data were statistically analysed with Statistica software (StatSoft, Inc. (2011).
241 STATISTICA (data analysis software system, version 10. www.statsoft.com)).

242 3. Results:

243 3.1. Leukocyte cytograms profiles:

244 Cytograms of isolated leukocytes show that ~~Head-kidney profiles show the highest cell~~
245 ~~contents and were then used to gate dot plots and delimit sub-populations areas on cytograms~~
246 ~~(Fig.1 D). three leucocytes sub-populations (lymphocytes, monocytes/macrophages,~~
247 ~~granulocytes) and especially granulocytes were more visible on cytograms of cell suspensions~~
248 ~~obtained by hypotonic lysis (HL) in comparison with cytograms of leukocytes isolated by~~
249 ~~density gradient centrifugation on both times of analysis (no incubation and after 12 hours of~~
250 ~~incubation) (Fig 6) (Fig-1). Head-kidney isolated leukocytes denoted also higher content of~~
251 ~~granulocytes. This observation was also valid for spleen and blood leukocytes cytograms (Fig-~~
252 ~~1).~~

254 3.2. Leucocytes concentrations:

255 In this study, each sample was treated for leukocytes collection using the two methods
256 simultaneously and side by side. The median of yield obtained from 10 fish organs does not
257 reflect the average leukocytes number in a whole collected organ (Table1).

258 Head-kidney leukocytes concentrations obtained with HL protocol is visually higher than cell
259 concentrations provided after density gradient centrifugation of cells (14×10^6 cell/mL for HL
260 than 8.93×10^6 cell/mL for DG) (Table 1). However, no significant difference appears between
261 these two methods as the min–max values were in the same range (DG: [4.69×10^6 – 20.4×10^6]
262 and HL: [7.83×10^6 – 24.1×10^6]) (Table 1). This high variability in results may explain this
263 non-statistical difference despite of difference observed for median cell concentrations
264 obtained. For the two other tissues (blood and spleen), no statistical difference was observed
265 for median leukocytes concentrations between the two protocols used (Table 1).

266 3.3. Comparison of samples purity between isolation methods:

267 Cytograms were also exploited as tool for evaluation of samples purity following isolation.
268 Small debris at the origin of cytograms axis were excluded. Leukocytes dots and
269 thrombocytes were gated together and the rest was assigned as impurities: debris and cell
270 ghosts. Thrombocytes were included in measurements as there are indistinguishable from
271 lymphocytes. ~~methods resulted in their collection with leukocytes. It is important to note that~~
272 ~~for leukocyte distribution measurements, thrombocytes are not included in analysis. Only~~
273 ~~lymphocytes, monocytes/macrophages and granulocytes are taken into account.~~

274 Cell isolation by DG led to significant higher purity levels in leukocytes for obtained cell
275 suspension in comparison with cell suspensions where leukocytes were isolated by HL (Table
276 2). This observation was valuable for the three tissues used (spleen: $p=0.0051$; head–kidney:

277 $p=0.00002$; blood: $p=0.0038$). The difference is even more important for blood tissue (97.7%
278 with DG and 89.2% with HL protocols) (Table 2).

279 3.4. Leukocytes sub-populations distributions:

280 HL protocol was associated with cell suspensions containing more granulocytes than those
281 obtained after DG protocol whatever the post-isolation incubation time used (Fig. 7). The
282 greater difference was observed for head-kidney isolated leukocytes particularly when
283 leukocytes suspension were incubated for 12 h after isolation ($p=0.00007$ for lymphocytes,
284 $p=0.023$ for monocytes/macrophages and $p=0.00002$ for granulocytes) (Fig. 7). For cell
285 isolated from spleen, the most notable difference between the two protocols were observed for
286 leukocytes distributions evaluated immediately after isolating procedure ($p=0.0004$ for
287 lymphocytes, $p=0.023$ for monocytes/macrophages, $p=0.0038$ for granulocytes) (Fig. 3).
288 After 12 h of incubation, only percentages of granulocytes were significantly higher in cell
289 suspensions obtained after HL than those obtained after DG ($p=0.00001$ for granulocytes)
290 (Fig. 7). The HL method also brought significant difference in blood tissue with more
291 collected lymphocytes and granulocytes especially after purification ($p=0.011$ for
292 lymphocytes and $p=0.014$ for granulocytes) and with more collected granulocytes after 12h
293 of cell incubation ($p=0.022$) (Fig. 7).

294 It is important to note that density gradient in terms of leukocytes distribution has more
295 stability. In fact, leukocytes show near percentage of composition right after isolation or after
296 12h incubation in all organs with slightly more stability in spleen (No incubation :
297 lymphocytes 82.34%; monocytes/macrophages: 13.14%; granulocytes: 2.24% - 12 hours of
298 incubation: lymphocytes 87.09%; monocytes/macrophages: 11.91%; granulocytes: 0.92%)
299 than head-kidney (No incubation : lymphocytes 65.29%; monocytes/macrophages: 12.33%;
300 granulocytes: 19.58% - 12 hours of incubation: lymphocytes 52.73%;
301 monocytes/macrophages: 15.54%; granulocytes: 26.58%) or blood (No incubation :

302 lymphocytes 87.66%; monocytes: 9.74%; granulocytes: 1.45% - 12 hours of incubation:

303 lymphocytes 76.42%; monocytes: 17.72%; granulocytes: 3.83%).

304

305 3.5. Leukocytes mortality:

306 For splenocytes, a significant greater variability on cells mortality rates is noticeable

307 immediately after cell isolation, for total leukocyte populations when using HL compared to

308 DG protocol (DG: 3.08%; HL: 8.71%; $p=0.035$) (Fig.8.A). Nevertheless, amounts of

309 mortality are in the same range for total leukocytes and the various subtypes after 12h of cell

310 incubation. Mortality measured in total head kidney-isolated leukocytes immediately after

311 their isolation was significantly higher after DG than after HL protocol (3.99% and 2.64%

312 respectively; $p=0.018$) (Fig.8.B). ~~Any~~No other difference was observed for head-kidney

313 cells. Freshly isolated blood leukocytes had significant high mortality with HL compared to

314 DG (4.81% and 1.36%; $p=0.002$). This cell death concerned lymphocytes sub-types (0.59%

315 for DG and 1.87% for HL; $p=0.043$) (Fig.8.C). A higher variability in

316 monocytes/macrophages mortality was observed following the isolating protocol (Fig.8.C).

317 ~~Any~~No other differences in cell mortality appeared after 12h of cell incubation in all cell

318 types.

319 3.6. Basal oxidative activity:

320 Just after the cell isolation phase, splenocytes (particularly lymphocytes and

321 monocytes/macrophages), isolated with DG had significant higher basal ROS production in

322 comparison with cell isolated by HL method ($p=0.0003$ and $p=0.0002$ respectively) (Fig.

323 5A). After 12h of post-isolation incubation, there ~~were~~were no ~~any~~more differences in basal

324 oxidative activity between the two cell isolating procedures (Fig.9.A). We noticed that basal

325 oxidative activity tends to be greater for granulocytes compared to the two other cell types.

326 Whatever procedure used to isolate head kidney leukocytes, their basal ROS production did

327 not differ between the different cell populations immediately after cell isolation and also after

328 12h incubation (Fig.9.B). However, we can notice a higher interindividual variability in basal
329 oxidative activity of head-kidney leukocytes just after their isolation by DG (Fig.9.B). After
330 12h of incubation, this variability in basal ROS production disappeared for head kidney cells
331 isolated by DG and appeared with head kidney cells isolated by HL. All blood leukocytes
332 subtypes incubated for 12h after isolating procedure had higher basal oxidative activity when
333 they were isolated by the use of DG in comparison with same cell types isolated by HL
334 ($p=0.00008$ for lymphocytes, $p=0.00008$ for monocytes/macrophages, $p=0.011$ for
335 granulocytes) (Fig.9.C).

336 3.7. PMA-stimulated oxidative activity:

337 Granulocytes of DG-purified spleen leukocytes show higher SI comparatively to HL-purified
338 ones after purification but with no statistically significant difference (Stimulation index 31.26
339 and 19.90 respectively) (Table 3). A statistical difference belongs to spleen lymphocytes
340 where after 12h of incubation, DG isolated lymphocytes have significant higher PMA-
341 stimulated oxidative activity compared to their counterparts isolated by HL (Stimulation index
342 6.80 and 2.88 respectively, $p= 0.0354$) (Table 3). Isolated head–kidney leukocytes
343 highlighted the highest PMA-induced oxidative activity. This observation concerns essentially
344 HL-isolated cells but no significant statistical difference was observed between isolation
345 methods (Table 3). After 12 h of incubation, stimulation index indicating the PMA-induced
346 oxidative activity in leukocytes were low for all cell types. In a general way, PMA-induced
347 oxidative activity measured in blood leukocytes was in a same order of magnitude for the two
348 cell isolation mode. The only difference was observed for DG-isolated lymphocytes which
349 had higher PMA-induced oxidative activity after 12h incubation in comparison with HL-
350 isolated lymphocytes (Stimulation index: 2.90 and 1.40 respectively, $p=0.0464$) (Table 3).

351 3.8. Phagocytosis:

352 It is important to mention here that the analysis of phagocytosis by flow cytometry doesn't
353 allow to discriminate this cell activity at the cell subtype scale. The latex microsphere

354 ingestions are responsible for modification of cell morphometric parameters (size and
355 granularity).

356 Head-kidney leukocytes purified with DG had higher phagocytic activities than the same cells
357 isolated by HL (66.35% and 42.44% respectively, $p=0.0432$). This observation was only valid
358 when cell activities were taken as a result of cell isolation with no incubation (Table 4).

359 Only leukocytes of head-kidney show less score with HL (7.41 compared to DG method
360 (8.76) with statistical significant difference ($p=0.0089$) (Table 5).

361 The mean numbers of ingested beads per phagocytic cells were not modulated neither by the
362 cell isolation protocol nor by the post-isolation incubation time (Table 5). One can simply
363 signal a tendency to a slightly higher number of beads in cells after 12h incubation following
364 their isolation compared to values observed when phagocytosis was observed immediately
365 after cell isolation (no incubation) (Table 5).

366 *3.9. Purification methods, leukocytes distribution and immune responses:*

367 For DG-isolated leukocytes from spleen, granulocytes percentages were positively correlated
368 with PMA-induced oxidative activity in granulocytes immediately after cell isolation (0.663)
369 (Table 6). For HL-isolated splenocytes, significant positive correlation were observed
370 between granulocytes levels and PMA-induced oxidative activity for the three leukocytes
371 subtypes just after their isolation from spleen (Table 6). If the cell were not incubated at 4°C
372 after their isolation by HL, granulocytes percentages were significantly and positively
373 correlated with phagocytic activities of leukocytes in samples (phagocytosis activity 0.697,
374 number of ingested beads 0.806) (Table 6). After 12h of incubation of spleen-isolated
375 leukocytes by DG, positive correlations were observed between lymphocytes percentages and
376 their PMA-stimulated oxidative activity (0.685). After the same treatment,
377 monocytes/macrophages levels in spleen were positively correlated with basal oxidative
378 activities of all leukocytes subtypes (Table 6). After 12h of incubation of spleen-isolated cells
379 by HL, levels in monocytes/macrophages and also in granulocytes were positively correlated

380 with the two parameters linked to phagocytosis (phagocytic activity and numbers of ingested
381 beads) (0.806 and 0.867 respectively) (Table 6). Such correlations were not observed in
382 leukocytes suspensions obtained after cell isolation with DG ($p=0.0118$ and 0.0068
383 respectively for the two phagocytic immune endpoints) (Table 6).

384 In head-kidney, lymphocytes levels obtained by the use HL method show positive correlation
385 with all the basal oxidative activities measured separately in each leukocytes subtypes after
386 12h of cell incubation at 4°C (lymphocytes: 0.782, monocytes/macrophages: 0.818,
387 granulocytes: 0.806) (Table 6). This result was not observed for DG-isolated leucocytes with
388 significant differences between the two protocols used. ($p=0.044$, 0.0174 and 0.0320
389 respectively) (Table 6). In blood tissue, lymphocytes percentages have positive correlations
390 with PMA-induced oxidative activity in the three leukocytes subtypes after 12h of incubation
391 of cell suspension at 4°C using DG method (lymphocytes: 0.767, monocytes/macrophages:
392 0.900, granulocytes: 0.817) (Table 6). Such observation was not found in blood-isolated cells
393 with HL protocol used.

394 **4. Discussion:**

395 The objective of our study was to investigate the effects of two cell isolation techniques on
396 cellular responses measured to assess the immune endpoints related to the evaluation of
397 immune status of fish, in different experimental contexts (*ex vivo*, *in vivo*, *in situ*). Our
398 observations were realized from three biological compartments classically studied in fish
399 immunology: spleen, head kidney and blood. The thymus, which is important in the immune
400 response of fish, has not been taken into account in our study because of our lack of
401 knowledge of its anatomical location in roach and also of relative low quantities of leucocytes
402 that can be isolated from this organ in two-year-old fish such as those used in our study [34].

403 One of the difficulties of these analyses lies in the necessity of carrying out measurements on
404 suspensions of live leucocytes extracted from the lymphoid tissues. Teleost fish have the
405 particularity to possess nucleated erythrocytes. These cells are naturally present in the various

406 tissues of the body. The erythrocytes size, their ovoid shape, the presence of a nucleus and
407 their very large quantities in tissues, disrupt the analyses of leukocyte functionality whatever
408 the techniques used (microscopy, flow cytometry, etc.). It is therefore essential to eliminate
409 erythrocytes from leucocyte suspensions in order to acquire leukocyte response data as close
410 as possible to the functional realities of these cells within the studied organism.

411 Two leukocyte isolation methods based on the elimination of erythrocytes were studied here,
412 one classically corresponding to a density gradient obtained by centrifugation and a second to
413 date less used and corresponding to a hypotonic lysis of red blood cells [23]. Initially, these
414 methods essentially target the blood compartment. Blood is indeed the obvious tissue to be
415 sampled for leukocyte collection and for which the inconvenience of erythrocyte
416 contamination in leukocyte suspensions is the most important. But interests about the immune
417 responses in spleen and anterior kidney led us to submit them to these same two protocols in
418 order to extract their leukocyte cells.

419 Obtaining leucocyte suspensions requires several crucial and unavoidable phases [35]. First of
420 all, the tissue must be taken from the whole organism. For the blood, its sampling requires the
421 use of a syringe containing an anticoagulant and allowing for the fish of sufficient size (> 10
422 cm), the non-invasive blood sampling notably in the caudal vein of the fish [36,37]. For head-
423 kidney and spleen, samples are taken by the organ dissection corresponding to its extraction
424 from the abdominal cavity of the fish. The organ is then dilacerated, mechanically crush in
425 culture medium through a nylon mesh filter (100 μ m) [33,36]. Blood samples or crushed
426 organs are then processed to remove tissue debris and non-leukocyte cells. In case of
427 separations using centrifugation gradients, the samples are deposited as in our study, on a
428 Ficoll® solution (commercial name of a liquid polyfluorocarbon solution with 1.077 g/mL
429 density) and centrifuged for several minutes. Used speeds and centrifugation times lead to a
430 differential separation of leukocytic cells according to their densities. The red blood cells and
431 debris are found at the bottom of the centrifuge tube and leukocytes are concentrated in a ring
432 shape on Ficoll® surface. After leukocytes recovery, it is necessary to wash them in an excess

433 of culture medium. This step allows to eliminate residual Ficoll® which may be potentially
434 toxic to the cells [38]. A new centrifugation leading to a cell sedimentation in tube bottom
435 allows to eliminate supernatant containing Ficoll®-contaminated culture medium.

436 Regarding leukocyte separations based on the removal of erythrocytes by osmotic lysis, the
437 best known methods are used in mammals to remove red blood cells by hyperosmotic shock
438 using ammonium chloride. Such lysis is not valid in teleost due to the nuclei presence in fish
439 erythrocytes which prevent lysis [35]. In 2001, Crippen and colleagues described a technique
440 for removing erythrocytes in trout blood and head-kidney samples by changes in their
441 surrounding environment isotonicity. It is this protocol that we used here with some
442 adaptations for the roach species. Thus, blood samples or crushed organs obtained from the
443 sampling phase were rapidly and transiently exposed to hypotonic conditions (addition of
444 sterile distilled water for 40 seconds). After a rapid isotonicity restoration of medium, cells
445 were centrifuged in order to remove debris allowing cell pellets to be taken up in culture
446 medium. Note that some leukocyte isolation protocols associate osmotic lysis with
447 centrifugation gradient [39]. In our case, these two methods were used separately.

448 These various steps may constitute physical and chemical stresses for the cells. The question
449 is what are the possible consequences of such stress on the functional analyzes carried out on
450 these cells? In order to limit it, it seems advisable not to do the analyzes immediately after the
451 leukocyte isolation and to subject cell suspensions to a "rest" phase in order to allow them to
452 "recover" from possible traumas created by all the successive phases of the protocols
453 (sampling, crushing, centrifugation, etc.). Therefore, in our study, for the purposes of
454 comparisons, the analyzes were carried out either directly on the freshly isolated leukocytes or
455 on cells incubated for 12 h at low temperature (+4°C) after the isolating procedure.

456 In fish, if leukocyte distribution data may vary from one species to another and inside the
457 same species, this endpoint is also modulated by the development stage of the organism but
458 also naturally according to its parasitic status [9,40].

459 In cyprinids and particularly in common carp (*Cyprinus carpio*), leukocyte densities are as
460 follow: lymphocytes (1.020 g/mL), monocytes / macrophages (1.070 g/mL) and granulocytes
461 (1.083 g/mL) [41]. The Ficoll® density being 1.077 g/mL, it is then understandable that
462 leukocyte isolation, based on the use of a Ficoll® gradient, leads to the isolation of
463 lymphocytes and monocytes / macrophages cell types [42]. That's confirmed by our results.
464 Compared to the density gradient, hypotonic lysis is associated with leukocyte enrichments,
465 which essentially concern granulocytes for the three tissues targeted in our study. This result
466 is particularly noticeable for leukocyte suspensions isolated from head kidney where
467 granulocytes are naturally abundant [16]. However, the head kidney is also a tissue where
468 there is a production of lymphocytes, particularly B lymphocytes [43,44]. More recently, the
469 use of marked antibodies specific for certain cell types, has shown that density gradients alone
470 can influence the leukocyte composition of blood compared to data acquired on whole blood
471 [45].

472 The higher collection of lymphocytes obtained with DG method may trigger shifts in cells
473 reaction as our results show correlation between lymphocytes amounts and oxidative activity
474 in the whole cells suspensions in blood and head-kidney noticeable after a period of cells
475 incubation (Table 6). In spleen, this phenomenon is observable with monocyte/macrophages
476 cells. As a matter of fact, Ulmer *et al.* (1984) showed a density modulation of mammalian
477 monocytes using Ficoll® separation that grants them same density as lymphocytes, a
478 difficulty in defining leucocytes sub-populations when using flow cytometry. After 12h of
479 post-isolation incubation, differences disappear which confirm our advice on the use of cell
480 incubation before their cytometric analysis.

481 The granulocyte enrichment of leukocytes suspensions after HL isolation method was
482 confirmed by positive correlations on granulocytes amounts in head-kidney samples and the
483 related high phagocytic activity of leukocytes. This increase in phagocytosis in cell
484 suspensions obtained after leukocyte isolation by HL could be explained by increase of cell
485 debris in cell suspensions by the use of this technique. Therefore, Zhou *et al.* (2012) stress out

486 that cell ghosts and debris are subject to phagocytosis by phagocytic cells after a lysis
487 purification method.

488 Data of leukocytes distributions in lymphoid tissues depend very much on the leukocyte
489 isolation modalities (Table 7).

490 Our leukocyte distribution data and those obtained in literature are clearly modulated by the
491 choice of the leukocyte isolation protocol (especially for spleen and head-kidney leukocytes)
492 (Table 7).

493 However, such influence was not observed for isolated trout leukocytes using protocols that
494 were relatively similar to those used in our study [23] (Table 7). Whether acquired by
495 Percoll® discontinuous density gradients or by histopaque-1077 density gradients or by the
496 use of hypotonic lysis, leukocyte compositions are found to be similar in rainbow trout
497 (*Oncorhynchus mykiss*) whatever the isolating protocol used [23] (Table 7). Such a result is
498 surprising insofar as the two types of gradient used by these authors and similar to ours, allow
499 to isolate the mononucleated cells, namely lymphocytes and monocytes / macrophages.

500 An important variability is observed in leucocyte distributions between the two incubation
501 conditions (no incubation or 12 h of incubation at 4 ° C.) to which the cells are subjected after
502 their isolation by hypotonic lysis. This variability in cell types' proportions was observed for
503 the spleen and head kidney leukocyte suspensions. It could be due to the cell heterogeneity in
504 these two organs and to the various sensitivities of cells which constitute them to the osmotic
505 stress undergone during the isolation phase. Indeed, studies show that leukocyte sensitivity to
506 osmotic stress results in oxidative stress altering their long-term survival [60]. It should be
507 noted that in our study, hypotonic lysis as well as density gradient, has no significant effect on
508 leucocyte mortality, regardless of the tissue from which these leukocytes are derived.
509 However, it can be noted that method to estimate cell mortality we used (labeling cell with
510 propidium iodide) only takes into account the cell deaths by necrosis and not those due to
511 apoptosis. Thus, the variability observed over time in leucocyte distributions of cell isolated

512 after hypotonic lysis of erythrocytes and incubated for 12h at 4 ° C could be linked to
513 destabilizations in certain leukocyte categories such as lymphocytes. However, as head-
514 kidney is considered as a leukopoietic organ with more granulocytes content and naïve cells
515 than spleen or blood, a cell proliferation may be possible explaining difference observed
516 during incubation time. We can noticed that the use of Ficoll® gradient was associated with a
517 better stability in cellular distributions observed between the two incubation times.

518 The studies using continuous density gradients (with Ficoll® or Percoll®: densities 1.077 and
519 1.075 g / mL respectively) are relatively numerous [9,10,22,61]. The relative small amounts
520 of granulocytes recovered by this type of leukocyte isolation may limit observations on
521 lymphocytes-related functions, such as the adaptive response of antibody production [62,63].
522 Thus, the use of hypotonic lysis must lead to a better vision of the overall fish immune
523 response, taking into account, besides adaptive immunity, of natural immunity with a best
524 isolation of granulocyte cells [64,65]. In addition, taking into account the different leukocyte
525 subpopulations is very important as the tissue leukocyte distribution (particularly blood)
526 constitutes a strong marker of stressed organism in vertebrates [66]. The lymphocyte /
527 granulocyte ratio favorable to lymphocytes in the normal body is modified in favor of
528 granulocytes when the fish are stressed [57,67].

529 Since the two protocols used in our study led to differences in leucocyte distributions for the
530 three studied tissues, implications in responses of studied immune functions were expected.

531 The effects of the two modes of cell isolation were observed on two major functions of the
532 native fish immunity, phagocytosis and basal/stimulated leukocyte oxidative activities. The
533 effects on cell mortality were analyzed as this data is important for interpretation of cellular
534 functional responses. The two treatments did not induce significant mortality, the most
535 notable effects appearing for the cells which have just been isolated. Therefore, the cell
536 incubation for 12 hours at 4 ° C may reduce the potential deleterious effects of the isolating
537 procedures.

538 The isolation of the leukocytes by density gradient leads to a transient increase in basal
539 oxidative activity which disappears after 12h of cell incubation at +4°C. This increase
540 essentially concerns splenocytes. The blood leukocytes isolated by this same method exhibit
541 high basal oxidative activities after 12 h of incubation at 4 ° C and for the three leukocyte
542 types (lymphocytes, monocytes and granulocytes). When leukocytes are exposed to PMA for
543 stimulation of intracellular ROS production, head kidney cells isolated by hypotonic lysis
544 show the highest stimulation levels. This stimulation disappears after 12h of cell incubation at
545 +4°C. A same phenomenon is observed for blood leukocytes isolated by hypotonic lysis but
546 only immediately after the isolation phase.

547 Thus, such observations reveal that density gradient isolation leads to a transitory increase in
548 basal ROS production in spleen lymphocytes whereas hypotonic lysis is associated with an
549 increase in PMA-induced ROS production especially in head kidney leukocytes.

550 These increases in cell oxidative activities, particularly those induced by PMA, are consistent
551 with increases in granulocyte proportions observed in leukocyte suspensions obtained by
552 hypotonic lysis. Expectedly, granulocytes are the cells that exhibit the highest oxidative
553 activities in comparison with other cell types. This observation is consistent with the
554 functional capacities of these cells, which play an important role in inflammatory process
555 [68,69]. The stronger stimulation in PMA-induced oxidative activity observed in head kidney
556 leukocytes was not due to a cell priming induced by the isolation protocol but to the increase
557 in granulocytes amounts in the Leucocyte suspensions obtained.

558 If effects are observed on cellular oxidative activities, no effect appears on phagocytosis. A
559 low tendency of decrease is observed for leukocytes isolated by hypotonic lysis. Such a result
560 is surprising given the increased presence of granulocytes in leukocyte suspensions obtained
561 by hypotonic lysis. Although macrophages are important phagocytic cells, granulocytes have
562 an intense phagocytosis activity in numerous fish species [70,71]. The persistence in
563 phagocytosis activity of cells isolated by erythrocytes hypotonic lysis and its non-stimulation

564 related to increase in granulocyte percentages, could be explained by a partial inhibition of
565 this cell function by conditions linked to the leukocyte isolation procedure used. In our study,
566 the hypotonic lysis protocol used consists in a rapid cell exposure to cold distilled water. Cell
567 exposition to such conditions could explain the inhibition in cellular phagocytosis activity.
568 Another explanation could be related to the fish species studied. In roach, phagocytosis could
569 be carried out by myeloid cells (monocytes/macrophages and granulocytes) but also by B
570 lymphocytes [72,73]. Since the two isolation protocols used have a limited influence on the
571 lymphocyte levels in cell suspensions, this leads to a relative stability in phagocytosis activity
572 whatever the isolation treatment of cells.

573 Whatever the isolation method used, our results show their effects on intracellular ROS
574 production. These oxidative activations sometimes only concern some leukocyte types (spleen
575 lymphocytes and monocytes/macrophages) or in other cases all populations (particularly
576 blood leukocytes) are concerned. For this last point, hypotonic lysis leads to a transient
577 increase in PMA-stimulated oxidative activity of head kidney leukocytes whereas isolation by
578 density gradient increases the oxidative activity of blood leucocytes. It is important to note
579 that our results had some limitations concerning for instance the relative few numbers of
580 observations (N=10) which may depend also on the physiological status of fish used (2 years
581 old fish, in reproduction phase of their biological cycle and with no apparent parasitism).

582 Within limits of our experimental conditions, the spleen is the organ whose leucocyte
583 oxidative activities (stimulated or not) are only slightly influenced by the methods used for
584 leukocyte isolation. This is also the case for the anterior kidney, but for this tissue, it is
585 necessary to incubate the isolated cells for 12 h at +4°C.

586 Thus, our study improves knowledge about the effects of two protocols used for leukocyte
587 isolation on cell functions very commonly analyzed in fish immunology. In the balance sheet,
588 each of the two methodologies used has advantages and disadvantages. The hypotonic lysis
589 allows to isolate a greater variety of leukocytes types whereas the density gradient used

590 ensures a better stability of cells distributions over time. Finally, whatever the method used, a
591 recovery of cells following their isolation (for instance 12 h at +4°C. as in our study) is
592 required in order to improve quality of obtained results.

593 To date, studies in which the hypotonic lysis protocol has been used are few. Data on its
594 effects on cell functions are still limited and further works should be carried out to better
595 understand the impact of this type of leukocyte isolation procedure depending on targeted fish
596 species.

597 It is important to note out that results in leukocyte separation in terms of quantities and
598 qualities of isolated cell types are influenced by all the different steps required for cell
599 isolation. For the same fish species and for the same tissue, Ficoll® use may be associated
600 with different centrifugation times and rates leading to differences in leukocytes distributions
601 obtained [35] (Table 7). Thus, it is the set of two protocols used which may influence results
602 and which must be taken into consideration during acquired data analysis. Other protocols for
603 leukocyte isolation exist and our study does not pretend to be complete on this subject.
604 Among the selection criteria for leukocyte isolation protocols, logistical constraints associated
605 with experiments must also be taken into account. Sometimes, this is the case in studies
606 carried out in eco-immunology and eco-physiology on fish species of wild fauna. Some trade-
607 offs must be done between technical feasibility of experiments which should not be too long
608 in order to ensure the optimum conservation of living cell samples and the statistical
609 requirements in terms of quantity of observations required to ensure validity of results.

610 **Acknowledgements:** This work was supported by the Nationale Institute of Industrial
611 Environment and Risks (Verneuil-en-Halatte, France) and by the University of Reims (Reims
612 Métropole funding, France).

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872 **Figure captions**

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2 columns fitting image

874 ***Figure 1. Gating method for cytograms analysis. Example for head-kidney leukocytes***875 ***isolated by density gradient or hypotonic lysis.*** Head-kidney leukocytes were purified by

876 density gradient (A, B, C) or hypotonic lysis (D, E, F). P1 = Leukocytes gate (A and D); P2 =

877 Gate of excluded doublets in FSC-H/FSC-A cytograms (B and E); P3 = impurities (C and F);

878 Leukocytes were recorded in P1 gate with P2 and P3 gates exclusion from counts (Total of

879 10000 events in P1).

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Single column fitting image

881 ***Figure 2. Gating method used to determine leukocyte subpopulations distribution in cell***882 ***suspensions.*** Leukocytes subpopulations were gated as lymphocytes + thrombocytes (Ly),

883 monocytes/macrophages (M) and granulocytes (Gr).

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Single column fitting image

885 ***Figure 3. Cell mortality measurement.*** A - The pick in the left part was related to viable

886 leukocytes autofluorescence. Dead or senescent cells were positively marked with Propidium

887 iodide. Cell mortality percentages were calculated and corresponded to fluorescence of PI
888 marked cells. B - PI-marked cells were colored in red within the total leukocytes population.

889 *1.5 column fitting image*

890 **Figure 4. Phagocytosis assay.** A - Fluorescence of cells ingesting one bead (mean
891 fluorescence in M1) or 3 beads and more (mean fluorescence in M2). B - dotplots
892 presentation of cells ingesting one bead (blue) and cells ingesting 3 beads and more (red).
893 Uncolored ones represent cells ingesting two beads.

894 *1.5 column fitting image*

895 **Figure 5. Oxidative activity assay.** A, B - Mean fluorescence of DCFH measured in head-
896 kidney lymphocytes (blue), in monocytes/macrophages (pink) and in granulocytes (green). C,
897 D - Mean fluorescence of DCFH measured in cells unstimulated or stimulated with PMA in
898 function of their complexity (SSC-A).

899 *Whole page fitting image*

900 **Figure 6. Leukocytes cytograms of spleen, head-kidney and blood tissues in function of**
901 ***purification methods.*** Leukocytes from spleen, head-kidney and blood cell suspensions were
902 purified by density gradient or by hypotonic lysis of erythrocytes. After cell isolation, samples
903 were diluted to 1:10 in PBS and analysed for leukocytes composition by flow cytometry using
904 FSC (size) / SSC (complexity) parameters. Cytograms were acquired just after cells
905 purification (no incubation) and after 12h of cell incubation.

906 *2 column fitting image*

907 **Figure 7. Sub-populations leukocytes distributions in spleen, head-kidney and blood tissues**
908 ***in function of cell purification methods.*** Stacked bars represent leukocytes composition of
909 tissue either purified by density gradient (DG) or by hypotonic lysis of erythrocytes (HL).
910 Cell suspension analysis were realized immediately after isolation procedures (0h) or after a
911 12h of incubation of cell suspension before analysis (12h). Bar height represent median of
912 n=10 observations and the total bar height represent 100% of each leukocytes population.

913 Dark-grey bars correspond to lymphocytes, grey to monocytes/macrophages and dark ones to
914 granulocytes. Asterisks above bars indicate significant differences between data obtained for
915 the two purification methods ($p<0.05$)

916 *2 columns fitting image*

917 **Figure 8. Leukocytes mortality in spleen, head-kidney and blood tissues in function of cell**
918 **purification methods.** Cell necrosis was measured by flow cytometry as percentages of PI-
919 positive cells for total leukocytes population (T) or for each subpopulations: lymphocytes (L),
920 monocytes/macrophages (M) and granulocytes (G) isolated from spleen (A), head-kidney (B)
921 and blood (C). For each tissue, cell suspensions were separated in two equal volumes and
922 purified either by density gradient (dark grey boxes) or by hypotonic lysis of erythrocytes
923 (grey boxes). Boxplots represent 25th and 75th percentiles over and below the median (line
924 within the box) for $n=10$ observations. Bars at the top and bottom of boxes indicate 10th and
925 90th percentiles. Cell suspension analysis were realized immediately after isolation
926 procedures (0h) or after a 12h of incubation of cell suspension before analysis (12h). Asterisks
927 above bars indicate significant differences between data obtained for the two purification
928 methods (*: $p<0.05$; **: $p<0.01$).

929 *2 column fitting image*

930 **Figure 9. Basal intracellular ROS in spleen, head-kidney and blood leukocytes in function**
931 **of cell purification methods.** Basal intracellular ROS were measured by flow cytometry as
932 mean fluorescence of DCF in total leukocytes population (T) or for each leukocyte
933 subpopulations: lymphocytes (L), monocytes/macrophages (M) and granulocytes (G) isolated
934 from spleen (A), head-kidney (B) and blood (C). For each tissue, cell suspensions were
935 separated in two equal volumes and purified either by density gradient (dark grey boxes) or by
936 hypotonic lysis of erythrocytes (grey boxes). Boxplots represent 25th and 75th percentiles
937 over and below the median (line within the box) for $n=10$ observations. Bars at the top and
938 bottom of boxes indicate 10th and 90th percentiles. Cell suspension analysis were realized
939 immediately after isolation procedures (0h) or after a 12h of incubation of cell suspension

940 before analysis (12h). Asterisks above bars indicate significant differences between data
941 obtained for the two purification methods (*: $p < 0.05$; ***: $p < 0.001$).

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948 **Tables:**

949 **Table 1. Total cell numbers (cell per mL) obtained after leukocytes isolation in spleen,**
950 **head-kidney and blood tissues.** Cell numerations were realized by flow cytometry on total
951 leukocyte cell suspensions isolated from spleen, head-kidney and blood. For each tissue, cell
952 suspensions were separated in two equal volumes and purified either by density gradient or by
953 hypotonic lysis of erythrocytes. Numeric data are median and min and max values obtained
954 from n=10 observations. Cell suspension analysis were realized immediately after isolation
955 procedures (0h).

	Density gradient			Hypotonic lysis		
	Median	Min	Max	Median	Min	Max
Spleen	5.26x10 ⁶	1.34x10 ⁶	7.85x10 ⁶	4.40x10 ⁶	0.72x10 ⁶	10.0x10 ⁶
Head-kidney	8.93x10 ⁶	4.69x10 ⁶	20.4x10 ⁶	14x10 ⁶	7.83x10 ⁶	24.1x10 ⁶
Blood	0.57x10 ⁶	0.004x10 ³	4.55x10 ⁶	0.36x10 ⁶	0.02x10 ⁶	1.24x10 ⁶

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957 **Table 2. Samples purity after isolation.** Results were expressed as number of cells per
958 millilitre. Numeric data are median and min and max values obtained from n=10
959 observations. Cell suspension analysis were realized immediately after isolation procedures
960 (0h). Asterisk indicates statistical significant difference ($p < 0.05$) between the two purification

961 methods right after purification. Significant differences are indicated with underlined medians
962 on the same line.

	<i>Density gradient</i>			<i>Hypotonic lysis</i>		
	Median	Min	Max	Median	Min	Max
Spleen	<u>97.6%*</u>	93.0%	99.0%	94.8%	91.9%	97.5%
Head-kidney	<u>96.7%*</u>	95.2%	97.3%	94.7%	92.7%	96.0%
Blood	<u>97.4%*</u>	90.3%	99.0%	89.2%	74.6%	97.3%

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967 **Table 3. Activated intracellular ROS production in spleen, head-kidney and blood**
968 **leukocytes in function of cell purification methods.** Basal and PMA-activated intracellular
969 ROS were measured by flow cytometry in total leukocytes population or for each leukocyte
970 subpopulations (lymphocytes, monocytes/macrophages and granulocytes) isolated from
971 spleen, head-kidney and blood. For each tissue, cell suspensions were separated in two equal
972 volumes and purified either by density gradient or by hypotonic lysis of erythrocytes. The
973 results were expressed in stimulation index as the ratio between the mean fluorescence
974 measured in stimulated cells (DCFH-DA + PMA) and the basal mean fluorescence of control
975 (DCFH-DA only). Numeric data are median and min and max values obtained from n=10
976 observations. Cell suspension analysis were realized immediately after isolation procedures
977 (0h) or after a 12h of incubation of cell suspension before analysis (12h). Asterisks indicate
978 significant differences between data obtained for the two purification methods (*: p<0.05).
979 Significant differences are indicated with underlined medians on the same line.

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	<i>Cells</i>	<i>Density gradient</i>			<i>Hypotonic lysis</i>			
		Median	Min	Max	Median	Min	Max	
Spleen	No incubation	Total leucocytes	7.37	0.71	14.29	6.52	2.75	25.56
		Lymphocytes	6.25	0.64	11.73	4.25	2.14	13.27
		Monocytes / Macrophages	5.12	0.76	10.41	4.24	2.02	18.86
		Granulocytes	31.26	1.92	86.59	19.90	5.30	61.38
	12h incubation	Total leucocytes	6.73	3.04	13.94	5.60	2.18	7.50
		Lymphocytes	<u>6.80*</u>	3.16	13.33	<u>2.88</u>	1.58	6.55
		Monocytes / Macrophages	5.64	2.31	12.90	2.56	1.64	5.60
		Granulocytes	10.23	1.59	65.15	9.66	3.84	29.67
Head-kidney	No incubation	Total leucocytes	23.38	12.04	113.75	48.78	18.01	160.38
		Lymphocytes	20.18	6.83	92.17	33.34	10.96	124.03
		Monocytes / Macrophages	14.32	6.08	78.06	29.45	9.94	110.61
		Granulocytes	41.56	19.01	249.32	60.97	28.95	170.86
	12h incubation	Total leucocytes	4.32	2.47	19.48	7.28	0.88	87.32
		Lymphocytes	5.55	1.81	17.36	6.00	1.07	30.93
		Monocytes / Macrophages	3.11	2.43	14.95	5.08	1.29	40.13
		Granulocytes	4.47	1.46	27.99	8.94	0.50	110.47
Blood	No incubation	Total leucocytes	4.66	2.36	24.34	8.24	1.58	28.15
		Lymphocytes	3.59	1.64	23.19	2.38	1.55	5.62
		Monocytes / Macrophages	6.99	1.26	24.03	4.05	1.79	13.38
		Granulocytes	9.18	2.43	208.39	21.67	7.97	151.05
	12h	Total leucocytes	2.58	0.87	7.49	4.53	1.89	11.38

incubation	Lymphocytes	2.90*	0.88	7.17	1.40	1.02	2.39
	Monocytes / Macrophages	1.45	0.88	5.57	1.77	0.93	2.93
Granulocytes	11.16	0.17	19.36	12.03	3.81	43.56	

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1001 **Table 4. Phagocytosis activity of spleen, head-kidney and blood leukocytes in function of**

1002 **cell purification methods.** The phagocytic activity corresponds to percentages of cell

1003 ingesting three beads and more. Phagocytic activity was measured by flow cytometry for total

1004 leukocytes population ~~population~~ or for each leukocyte subpopulations (lymphocytes,

1005 ~~monocytes/macrophages and granulocytes~~) isolated from spleen, head-kidney and blood. For

1006 each tissue, cell suspensions were separated in two equal volumes and purified either by

1007 density gradient or by hypotonic lysis of erythrocytes. Numeric data are median and min and

1008 max values obtained from n=10 observations. Cell suspension analysis were realized

1009 immediately after isolation procedures (0h) or after a 12h of incubation of cell suspension

1010 before analysis (12h). Asterisks indicate significant differences between data obtained for the

1011 two purification methods (*: p<0.05). Significant differences are indicated with underlined

1012 medians on the same line.

		<i>Density gradient</i>			<i>Hypotonic lysis</i>		
		Median	Min	Max	Median	Min	Max
Spleen	No incubation	61.58%	23,64%	84,78%	55,32%	18,91%	82,92%
	12h incubation	67,09%	49,77%	79,49%	73,65%	56,35%	80,51%
Head-kidney	No incubation	<u>66,35%*</u>	29,17%	87,96%	<u>42,44%</u>	27,46%	64,10%

	12h incubation	68,65%	48,89%	83,32%	57,75%	36,01%	78,55%
Blood	No incubation	65,86%	37,46%	97,37%	46,70%	34,16%	77,42%
	12h incubation	60,92%	51,61%	65,72%	53,63%	44,82%	92,95%

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1020 **Table 5. Numbers of ingested beads in spleen, head-kidney and blood leukocytes in**
1021 **function of cell purification methods.** The number of phagocytosed beads was calculated by
1022 dividing the mean fluorescence of events corresponding to three and more beads-ingesting
1023 cells by the fluorescence of events corresponding to only one bead-ingesting cells. Numbers
1024 of ingested beads was measured by flow cytometry for total leukocytes population ~~or for each~~
1025 ~~leukocyte subpopulations (lymphocytes, monocytes/macrophages and granulocytes)~~ isolated
1026 from spleen, head-kidney and blood. For each tissue, cell suspensions were separated in two
1027 equal volumes and purified either by density gradient or by hypotonic lysis of erythrocytes.
1028 Numeric data are median and min and max values obtained from n=10 observations. Cell
1029 suspension analysis were realized immediately after isolation procedures (0h) or after a 12h of
1030 incubation of cell suspension before analysis (12h). Asterisks indicate significant differences
1031 between data obtained for the two purification methods (*: p<0.05). Significant differences
1032 are indicated with underlined medians on the same line.

		Density gradient			Hypotonic lysis		
		Median	Min	Max	Median	Min	Max
Spleen	No incubation	6.67	4.94	9.45	6.80	4.86	8.51

	12h incubation	8.44	7.79	9.11	8.89	7.12	9.85
Head-kidney	No incubation	7.43	5.18	8.93	6.56	4.91	7.68
	12h incubation	<u>8.76**</u>	5.44	10.43	<u>7.41</u>	5.72	8.52
Blood	No incubation	7.08	6.00	11.15	7.27	6.46	9.63
	12h incubation	7.99	6.83	8.86	8.70	5.10	12.06

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1034 **Table 6. Correlations (ρ of Spearman) between leukocytes distributions and cell immune responses in function of cell purification methods.** Values of correlation coefficients
 1035 were significant at $p < 0.05$ (bold characters). After Fisher transformation, differences between ρ values were evaluated with a Z-test and were noticed as follow (* $p < 0.05$ no
 1036 incubation vs 12 incubation for same tissues and purification methods; # $p < 0.05$ density gradient vs hypotonic lysis for same tissues and incubation time). Ly.=Lymphocytes;
 1037 M.=Monocytes/macrophages; Gr.=Granulocytes; Phago=Phagocytosis.

		Basal oxidative activity (Ly.)	Basal oxidative activity (M.)	Basal oxidative activity (Gr.)	Stimulated oxidative activity (Ly.)	Stimulated oxidative activity (M.)	Stimulated oxidative activity (Gr.)	Phago %	Numbers of ingested beads
SPLEEN - Density gradient									
No incubation	Ly.%	-0.091	0.115	0.370	-0.152	-0.164	-0.358	-0.212	-0.236
	M.%	-0.079	-0.285	-0.285	0.079	0.018	0.164	-0.248	-0.176
	Gr.%	0.517	0.274	-0.128	0.529	0.529	0.663	0.517	0.492
12h incubation	Ly.%	-0.818	-0.745	-0.745 *	0.685	0.709	0.648 *	0.685	0.382
	M.%	0.818 *	0.745 *	0.745 *	-0.685	-0.709	-0.648	-0.685	-0.382
	Gr.%	0.128	0.061	0.116	-0.043	-0.116	0.055	0.097	-0.328
SPLEEN - Hypotonic lysis									
No incubation	Ly.%	0.382	0.273	0.394	-0.661	-0.648	-0.636	-0.636	-0.733
	M.%	0.770	0.455	0.479	-0.600	-0.588	-0.612	-0.600	-0.442
	Gr.%	-0.430	-0.164	-0.285	0.770	0.758	0.733	0.697	0.806
12h incubation	Ly.%	-0.055	0.018	-0.103	0.745 *	0.539 *	-0.333	0.273	-0.830 #
	M.%	0.188	0.079	0.285	-0.576	-0.455	0.261	-0.321	0.806 *#
	Gr.%	-0.018	-0.091	-0.067	-0.830 * #	-0.636 *	0.382	-0.127	0.867 #
HEAD KIDNEY - Density Gradient									
No incubation	Ly.%	-0.103	-0.139	-0.115	0.248	0.248	0.285	0.188	0.261
	M.%	-0.297	-0.273	-0.309	0.200	0.103	0.139	-0.224	-0.261
	Gr.%	-0.006	0.018	0.006	-0.115	-0.115	-0.139	-0.164	-0.200
12h incubation	Ly.%	-0.115	-0.261	-0.139	-0.333	-0.176	0.079	0.212	0.236
	M.%	-0.539	-0.576	-0.479	-0.539	-0.600	-0.624	-0.345	-0.273
	Gr.%	0.188	0.285	0.248	0.430	0.345	0.139	0.091	-0.067
HEAD KIDNEY - Hypotonic lysis									
No incubation	Ly.%	-0.018	0.345	0.564	-0.176	-0.297	0.139	0.515	0.430
	M.%	-0.115	-0.564	-0.709	-0.030	-0.079	-0.285	-0.624	-0.552
	Gr.%	0.030	-0.321	-0.600	0.079	0.309	-0.176	-0.515	-0.455
12h incubation	Ly.%	0.782 #	0.818 #	0.806 #	-0.382	-0.733	-0.794 * #	-0.891 **	0.200
	M.%	-0.636	-0.624	-0.636	0.152	0.503 #	0.527	0.503 *	-0.709
	Gr.%	-0.588	-0.636	-0.612	0.442	0.612	0.709	0.745 *	0.055

1039 *Table 6. Continued*

		Basal oxidative activity (Ly.)	Basal oxidative activity (M.)	Basal oxidative activity (Gr.)	Stimulated oxidative activity (Ly.)	Stimulated oxidative activity (M.)	Stimulated oxidative activity (Gr.)	Phago %	Numbers of ingested beads
BLOOD - Density Gradient									
No incubation	Ly.%	-0,442	-0,418	-0,333	-0,539	-0,309	0,103	0,018	-0,139
	M.%	0,503	0,442	0,127	0,588	0,248	0,030	-0,333	-0,236
	Gr.%	-0,224	-0,139	0,285	0,188	0,333	-0,467	0,467	0,552
12h incubation	Ly.%	0,600 *	0,667 *	0,350	0,767	0,900	0,817	0,567	-0,067
	M.%	-0,600 *	-0,717 *	-0,200	-0,800	-0,933	-0,833	-0,500	-0,033
	Gr.%	-0,600	-0,600	-0,383	-0,700	-0,750	-0,650	-0,483	0,033
BLOOD – Hypotonic lysis									
No incubation	Ly.%	-0,217	0,000	0,083	-0,417	-0,183	-0,050	0,188	0,127
	M.%	0,633	-0,133	-0,283	0,017	-0,250	-0,267	-0,455	-0,418
	Gr.%	-0,233	0,417	0,100	0,383	0,650	0,567 #	0,042	0,115
12h incubation	Ly.%	0,000	0,071	-0,310	0,238	-0,286 #	0,071	0,285	0,248
	M.%	0,548 #	-0,143	0,619	-0,667	0,095 #	-0,190	-0,358	-0,261
	Gr.%	-0,238	0,238	0,381	0,000	0,381 #	0,000	-0,079	-0,079

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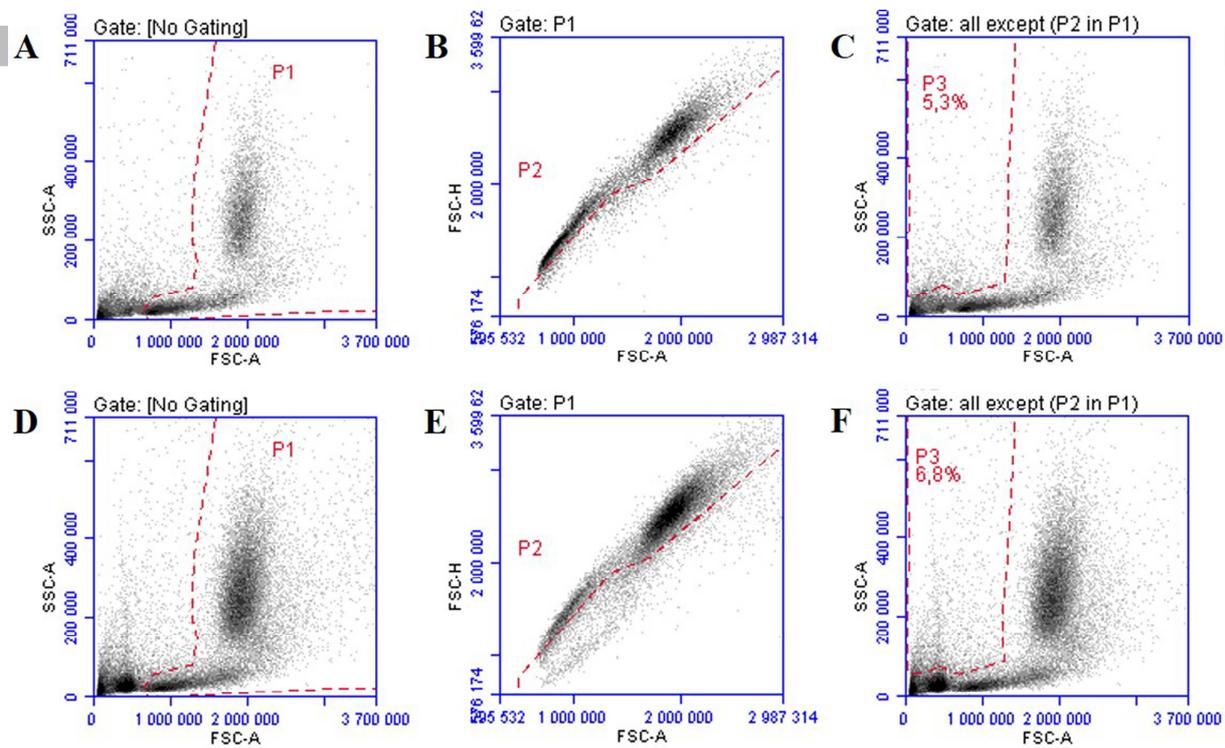
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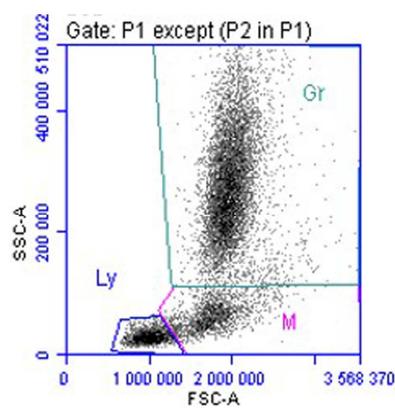
1052 **Table 7. Partial bibliographic review of leukocyte distribution data in teleost lymphoid organs in function of cell purification methods.** N.E: non evaluated. Results obtained in the
 1053 present study were indicated in bold characters

Tissue	Fish species	Separation type	Lymphocytes %	Monocytes/ macrophages%	Granulocytes%	References
Spleen	<i>Gasterosteus aculeatus</i>	Organ crushing (Flow cytometry)	53.91-86.21			Le Guernic <i>et al.</i> 2016 [48]
	<i>Cottus</i> sp.	Organ crushing (Flow cytometry)	32.3-85.1	14.9-67.7		Bado-Nilles <i>et al.</i> 2015 [49]
	<i>Oncorhynchus mykiss</i>	Sepracell-MN (1.062-1.098)	10-98	0.0-13	1.8-50	Congleton <i>et al.</i> 1990 [16]
	<i>Rutilus rutilus</i>	Organ crushing (Flow cytometry)	82-88	12-18		Gagnaire <i>et al.</i> 2015 [50]
	<i>Rutilus rutilus</i>	Ficoll® (1.077)	82.34	13.14	2.24	Samai <i>et al.</i>
	<i>Rutilus rutilus</i>	Hypotonic lysis (distilled water)	48.64	17.75	31.04	Samai <i>et al.</i>
Head-kidney	<i>Oncorhynchus mykiss</i>	Sepracell-MN (1.062-1.098)	18-68	0.8-33	18-57	Congleton <i>et al.</i> 1990 [16]
	<i>Oncorhynchus mykiss</i>	Hypotonic lysis (distilled water)	79.4	6	14.3	Crippen <i>et al.</i> 2001 [23]
	<i>Oncorhynchus mykiss</i>	Percoll® (1.048-1.070)	75.1	5.3	18.8	Crippen <i>et al.</i> 2001 [23]
	<i>Oncorhynchus mykiss</i>	Ficoll® (1.077)	N.E.	54.7		Chilmonczyk and Monge 1999 [9]
	<i>Cyprinus carpio</i>	Percoll® (1.020-1.093)	62	18	20	Kemenade <i>et al.</i> 1994 [41]
	<i>Rutilus rutilus</i>	Ficoll® (1.077)	65.29	12.33	19.58	Samai <i>et al.</i>
	<i>Rutilus rutilus</i>	Hypotonic lysis (distilled water)	40.09	15.98	40.80	Samai <i>et al.</i>
	Blood	<i>Oncorhynchus mykiss</i>	Histopaque (1.077)	93.1	0.5	6
<i>Oncorhynchus mykiss</i>		Hypotonic lysis (distilled water)	91.9	0.4	7.4	Crippen <i>et al.</i> 2001 [23]
<i>Oncorhynchus mykiss</i>		Total blood (Flow cytometry)	90.61		4.78	Doux fils <i>et al.</i> 2017 [51]
<i>Cyprinus carpio</i>		Smears	96.5		2.5	Witeska <i>et al.</i> 2017 [52]
<i>Oncorhynchus mykiss</i>		Total blood (Flow cytometry)	36.5		5	Korytář <i>et al.</i> 2013 [45]
<i>Oncorhynchus mykiss</i>		Percoll® (1.075)	58.6		5	Korytář <i>et al.</i> 2013 [45]
<i>Ictalurus punctatus</i>		Smears	43	1.6	3.5	Ellsaesser and Clem 1986 [53]
<i>Oreochromis niloticus</i>		Smears	40.6-41.5	9.3-10.6	47.8-48.9	Perera and Pathiratne 2012 [54]
<i>Limanda limanda</i>			70		10	Pulsford <i>et al.</i> 1994 [55]
<i>Sebastes oculatus</i>		Smears	95	1.5	3	Sueiro and Palacios 2016 [56]
<i>Odontesthes bonariensis</i>		Smears	75.3	13.3	9.6	Zebral <i>et al.</i> 2015 [57]
<i>Mugil cephalus</i>		Smears	90	2.5	6.7	Faggio <i>et al.</i> 2014 [58]
<i>Rhamdia quelen</i>		Neubauer chamber			8	Montanha <i>et al.</i> 2014 [59]
<i>Rutilus rutilus</i>		Ficoll® (1.077)	87.66	9.74	1.45	Samai <i>et al.</i>
<i>Rutilus rutilus</i>		Hypotonic lysis (distilled water)	72.85	14.22	10.74	Samai <i>et al.</i>



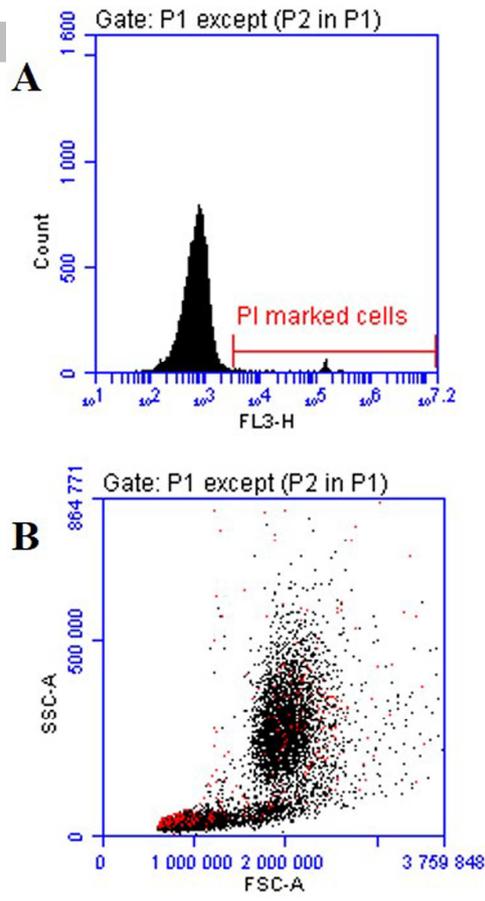
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1055 **Fig.1**



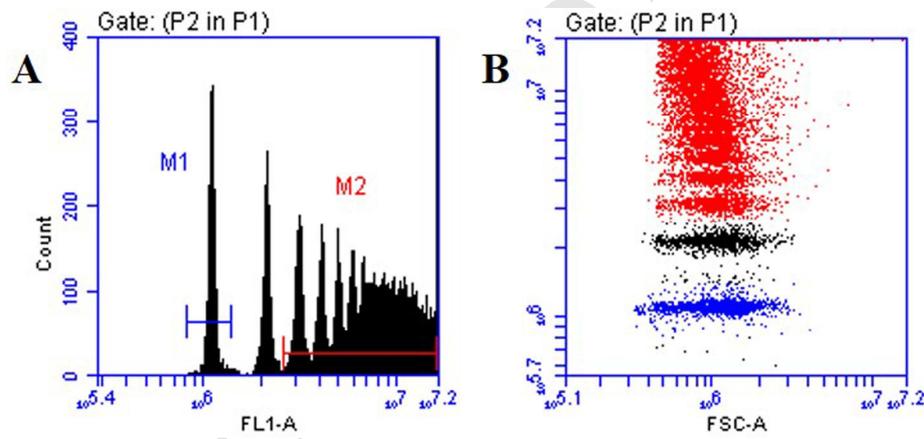
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1057 **Fig.2**



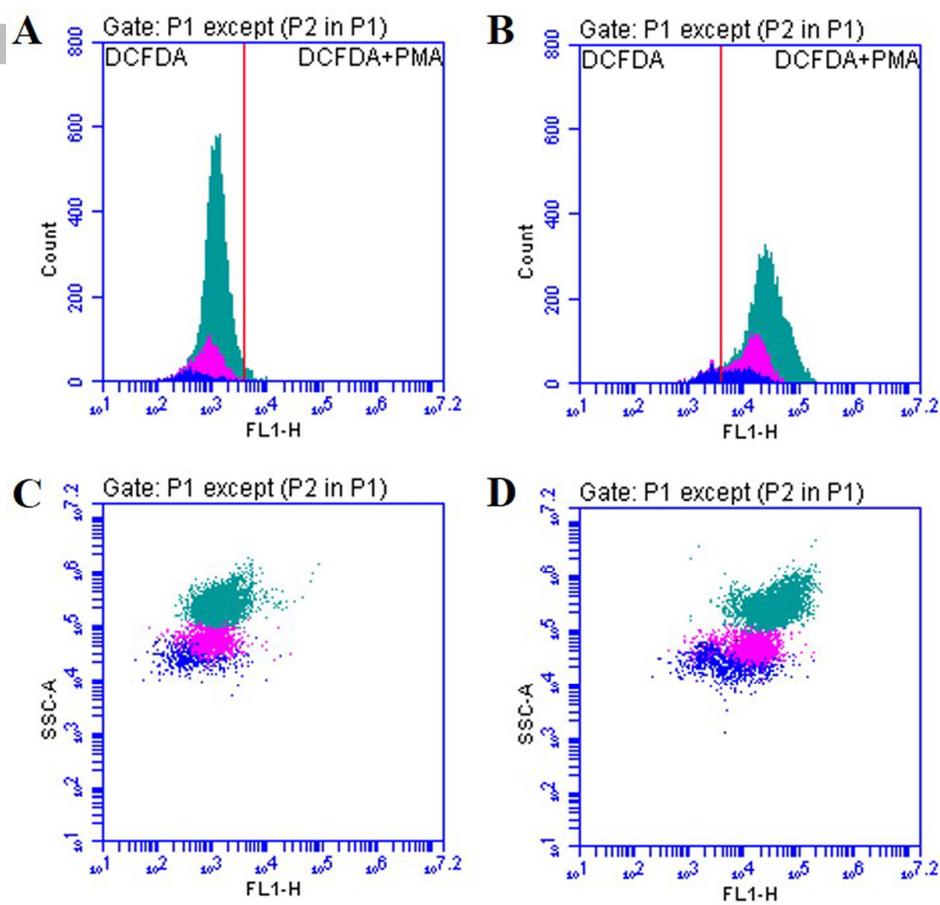
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1059 **Fig.3**



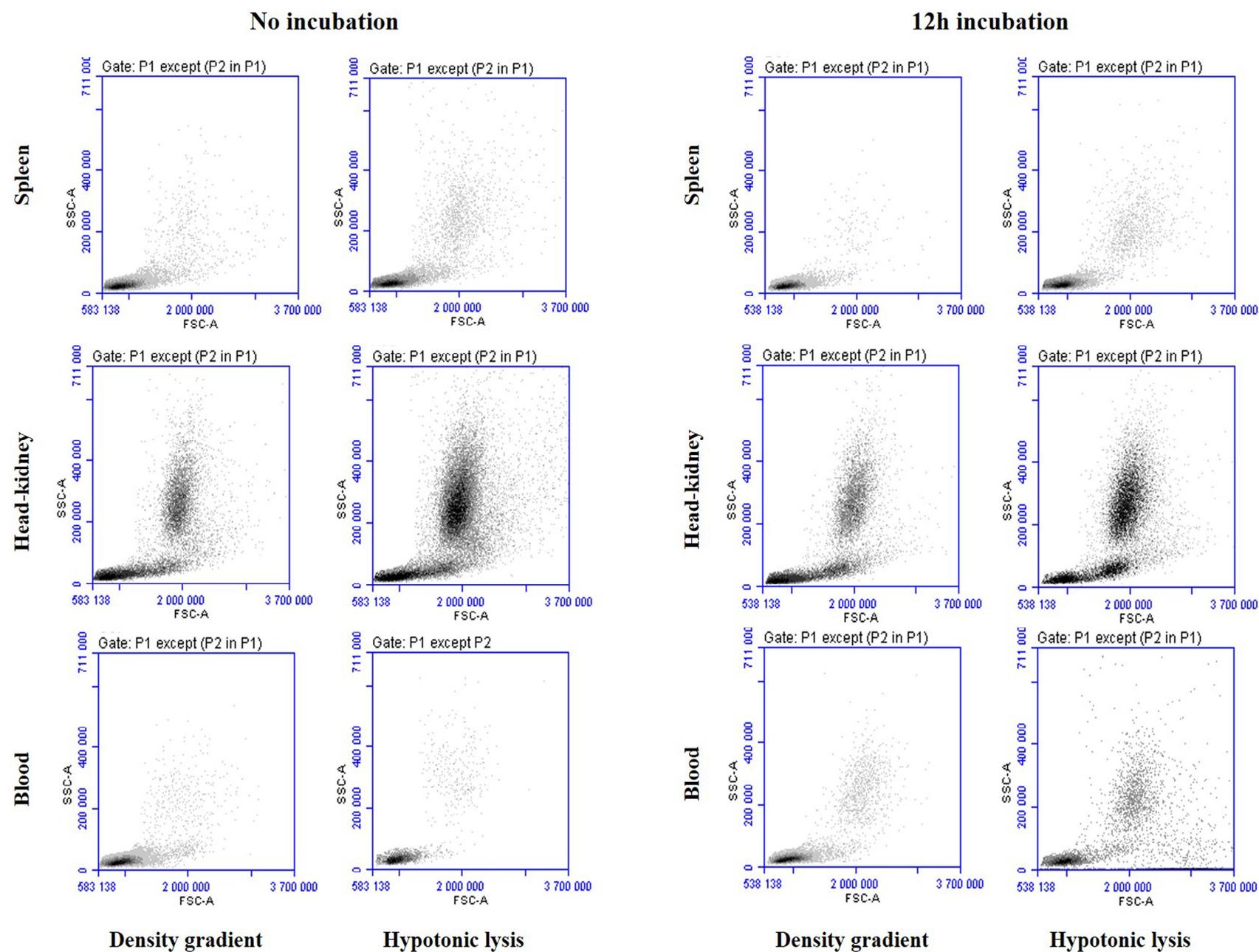
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1061 **Fig.4**



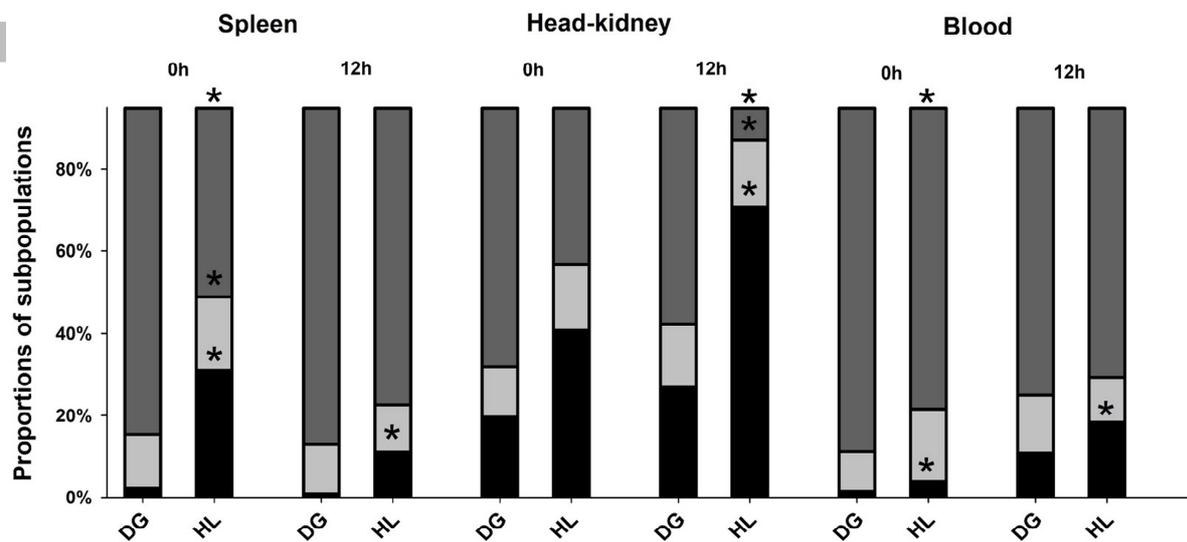
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1063 **Fig.5**



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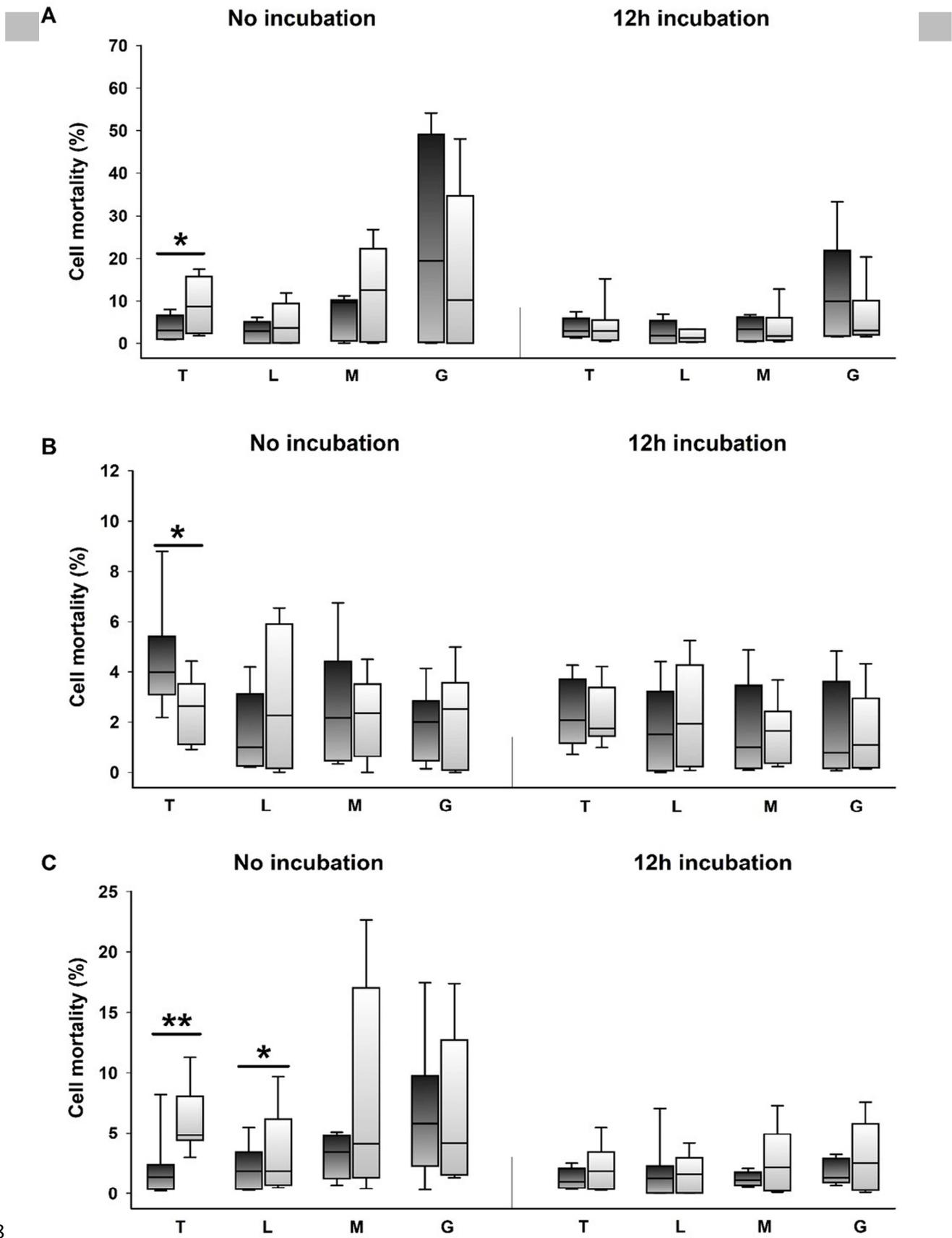
1065 **Fig.6**



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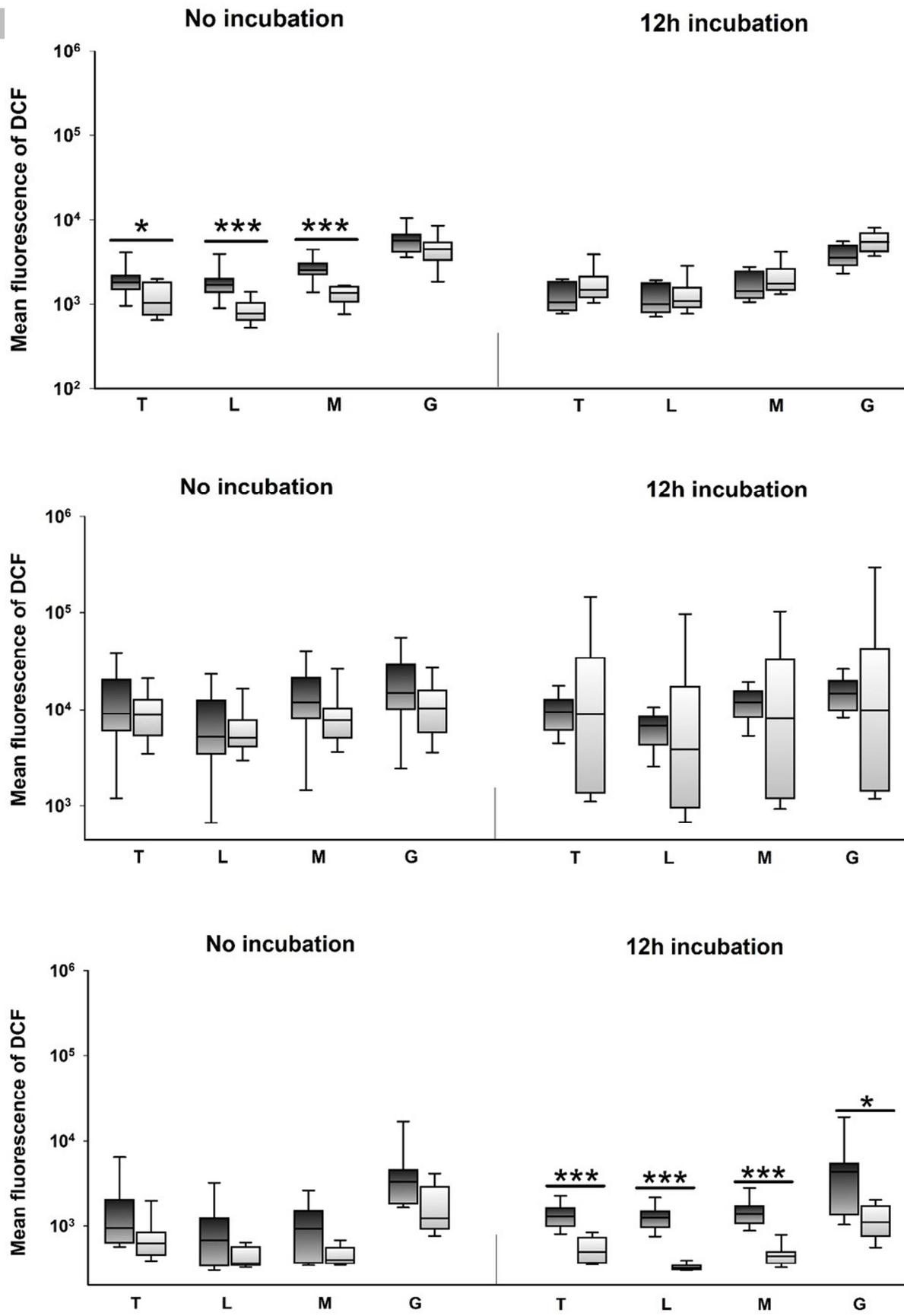
1067 **Fig.7**

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1069 **Fig.8**



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1071 Fig.9

Highlights:

- **Leukocytes purified from spleen, head-kidney and blood of roach by hypotonic lysis shows heterophils enrichment in contrast to density gradient.**
- **Cellular responses used for evaluation of fish immune status were influenced by procedures used for leukocytes isolation.**
- **Spleen was the lymphoid tissue whose leukocytes were the lowest influenced by isolating procedure used.**